



December 2023



Care a lot
"Where caring is at the heart of what we do!"

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| | | | | <p><u>1</u></p> <p>Breakfast Biscuits Strawberries</p> <p>Lunch Spaghetti & Meatballs Salad Cantaloupe</p> <p>Snack Chex Mix Pineapple</p> |
| <p><u>4</u></p> <p>Breakfast Cheerios Fruit Cocktail</p> <p>Lunch Grilled Cheese Tater Tots Watermelon</p> <p>Snack Ritz Crackers String Cheese</p> | <p><u>5</u></p> <p>Breakfast Waffles Applesauce</p> <p>Lunch Beef Taco w lettuce and cheese Peas Tropical Fruit</p> <p>Snack Graham Crackers Strawberries</p> | <p><u>6</u></p> <p>Breakfast Cornbread Peaches</p> <p>Lunch Chicken Fajitas Bell peppers Honeydew Melon</p> <p>Snack Pretzels Mandarin Oranges</p> | <p><u>7</u></p> <p>Breakfast Yogurt Raspberries</p> <p>Lunch Soynut butter & jelly sandwiches Potato Chips Grapes</p> <p>Snack Goldfish Pineapple</p> | <p><u>8</u></p> <p>Breakfast English Muffin Cantaloupe</p> <p>Lunch Turkey & Gravy Mashed Potatoes Carrots Pears</p> <p>Snack Brownies Bananas</p> |
| <p><u>11</u></p> <p>Breakfast Scrambled Eggs Orange Juice</p> <p>Lunch Chicken Nuggets Broccoli Peaches</p> <p>Snack Animal Crackers Fruit Cocktail</p> | <p><u>12</u></p> <p>Breakfast Bagels Strawberries</p> <p>Lunch Hot Dogs w roll Vegetarian Baked Beans Cantaloupe</p> <p>Snack Ritz Crackers Soynut Butter</p> | <p><u>13</u></p> <p>Breakfast French Toast Sticks Grapes</p> <p>Lunch Cheese Ravioli Cauliflower Mandarin Oranges</p> <p>Snack Saltines Honeydew Melon</p> | <p><u>14</u></p> <p>Breakfast Life Cereal Blackberries</p> <p>Lunch Waffles Turkey Sausage Hashbrowns Pears</p> <p>Snack Graham Crackers Bananas</p> | <p><u>15</u></p> <p>Breakfast English Muffin Applesauce</p> <p>Lunch Turkey & Cheese Wrap Fresh Veggies Tropical Fruit</p> <p>Snack Potato Chips Watermelon</p> |




HAPPY HOLIDAYS



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|---|--|---|---|--|
| 18 Breakfast Biscuits Grapes Lunch Stuffed Peppers (Burger & Rice) Carrots Fruit Cocktail Snack Cornbread Cantaloupe | 19 Breakfast Oatmeal muffins Tropical Fruit Lunch Southwest Chicken w Black Beans Corn Pineapple Snack Chex Mix Bananas | 20 Breakfast Rice Krispies Peaches Lunch Pasta & Sauce Garlic Bread Salad Honeydew Melon Snack Trail Mix Raisins | 21 Breakfast Cinnamon Toast Watermelon Lunch Beef Taco w lettuce and cheese Green Beans Pears Snack Apple slices Soynut butter | 22 Breakfast Yogurt Strawberries Lunch Grilled Cheese Tomato Soup Mandarin Oranges Snack Soft Pretzels Cheese Cubes |
| 25 Center Closed Merry Christmas  | 26 Breakfast Kix Cereal Oranges Lunch Soynut butter & Jelly sandwiches Carrots Watermelon Snack Goldfish Grapes | 27 Breakfast English Muffin Tropical Fruit Lunch Turkey & Gravy Mashed Potatoes Mixed Veggies Pears Snack Yogurt Teddy Grahams | 28 Breakfast Bagels Honeydew Melon Lunch Pancakes Turkey Sausage Hashbrowns Apple Slices Snack Ritz Crackers String Cheese | 29 Breakfast Cornbread Peaches Lunch Chicken Nuggets Green Beans Cantaloupe Snack Ants on a log (Bananas for babies) |



Notes:

- This menu is peanut-free
- Whole Milk is served to children under 2 years of age w/ Breakfast at 8:30am, and Lunch at 11:30am.
- 1% or Fat Free Milk is served with every breakfast and lunch served to children ages 2 and up
- Water is offered with snack
- This menu is subject to change

*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.
(Not all prohibited bases apply to all programs).*