



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 2-6 / Oct 30- Nov 3	<b>AM Snack</b> Cheerios with Milk	<b>AM Snack</b> *Mini Bagels & Mandarin Oranges/ Clementines	<b>AM Snack</b> Yogurt & Blueberries	<b>AM Snack</b> Kix with Milk	<b>AM Snack</b> English Muffin Bananas
	<b>PM Snack</b> Ritz crackers & cheese cubes	<b>PM Snack</b> Carrots with Ranch Dressing	<b>PM Snack</b> Apple slices & Animal crackers	<b>PM Snack</b> Goldfish & Cheese sticks	<b>PM Snack</b> Graham Crackers Applesauce
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 9-13	<b>AM Snack</b> Blueberry Muffins	<b>AM Snack</b> Chex Cereal with Milk	<b>AM Snack</b> English Muffins Clementines/Mandarin Oranges	<b>AM Snack</b> *Mini Bagels Mixed Fruit Cup	<b>AM Snack</b> Rice Krispies with Milk
	<b>PM Snack</b> Cucumbers with Ranch Dressing	<b>PM Snack</b> Pretzels & Cheese sticks	<b>PM Snack</b> Yogurt with raisins	<b>PM Snack</b> Cottage Cheese & Peach cups	<b>PM Snack</b> Oyster crackers & Cheese cubes
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 16-20	<b>AM Snack</b> Yogurt with Pineapple bits	<b>AM Snack</b> Raisin Bran with Milk	<b>AM Snack</b> Pancakes & Bananas	<b>AM Snack</b> Kix with Milk	<b>AM Snack</b> Waffles & Mixed Fruit Cup
	<b>PM Snack</b> Rice Cakes & Apple Slices	<b>PM Snack</b> Graham Crackers Applesauce	<b>PM Snack</b> Goldfish & Cheese sticks	<b>PM Snack</b> Carrots with Ranch Dressing	<b>PM Snack</b> Pears & Animal Crackers
Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Oct 23-27	<b>AM Snack</b> Yogurt with Pineapple Tid- bits	<b>AM Snack</b> Rice Krispies with Milk	<b>AM Snack</b> English Muffins Clementines/Mandarin Oranges	<b>AM Snack</b> *Mini Bagels Mixed Fruit Cup	<b>AM Snack</b> Rice Krispies with Milk
	<b>PM Snack</b> Oyster crackers & Cheese cubes	<b>PM Snack</b> Cucumbers with Ranch Dressing	<b>PM Snack</b> Pretzels & Raisins	<b>PM Snack</b> Pretzels & Cheese sticks	<b>PM Snack</b> Cottage Cheese & Peach cups

4 week rotating menu for AM/PM Snack  
Families will provide lunch for their child(ren)

\*Butter, cream cheese or jelly will be served with Mini Bagels  
Whole milk for children 12 months - 18 months old  
1% milk for children 18 months +

**\*\* Reminder that VCC is now a Peanut/Tree Nut Free Center — please provide substitute items, such as Sunbutter/Soy Milk**

Child's Name: \_\_\_\_\_

- ☐ My Child may be served all menu items
- ☐ My Child may not be served items that are circled

Parent/Guardian Signature/Date: \_\_\_\_\_