



# January 2019



	<p style="text-align: center;"><b>1</b></p> <p style="text-align: center;"><b>HAPPY NEW YEAR</b></p> <p style="text-align: center;"><b>Center Closed!</b></p>	<p style="text-align: center;"><b>2</b> <u>Breakfast</u> Hot Biscuit Apricot Halves</p> <p style="text-align: center;"><u>Lunch</u> Baked Beans w/Hot Dogs Whole Wheat Rolls Cantaloupe Cubes</p> <p style="text-align: center;"><u>Snack</u> Wheat Crackers Apple Slices</p>	<p style="text-align: center;"><b>3</b> <u>Breakfast</u> Bagel Peaches</p> <p style="text-align: center;"><u>Lunch</u> Pasta &amp; Meat Sauce Green Salad Strawberries</p> <p style="text-align: center;"><u>Snack</u> Whole Wheat Pita Bread w/ Soynut Butter</p>	<p style="text-align: center;"><b>4</b> <u>Breakfast</u> Cinnamon Wheat Toast Fresh Banana Slices</p> <p style="text-align: center;"><u>Lunch</u> Soft beef taco w/ Lettuce and cheese Corn Pineapple Tidbits</p> <p style="text-align: center;"><u>Snack</u> Vanilla Yogurt with Blueberries</p>
<p style="text-align: center;"><b>7</b> <u>Breakfast</u> Rice Krispies Orange</p> <p style="text-align: center;"><u>Lunch</u> Chicken Pasta w/Peas and Carrots Whole Wheat Roll Cantaloupe</p> <p style="text-align: center;"><u>Snack</u> Cheese-its Apple Slices</p>	<p style="text-align: center;"><b>8</b> <u>Breakfast</u> Multi-Grain Pancakes Banana</p> <p style="text-align: center;"><u>Lunch</u> Turkey on Whole wheat bread w/ Gravy Carrot sticks Fruit Cocktail</p> <p style="text-align: center;"><u>Snack</u> Ritz Crackers String Cheese</p>	<p style="text-align: center;"><b>9</b> <u>Breakfast</u> Oatmeal w/ Raisins &amp; Craisins Mandarin Oranges</p> <p style="text-align: center;"><u>Lunch</u> Sloppy Joe Whole Wheat Roll Hash Brown Potatoes Apple Slices</p> <p style="text-align: center;"><u>Snack</u> Animal Crackers Pears</p>	<p style="text-align: center;"><b>10</b> <u>Breakfast</u> English Muffin Pineapple</p> <p style="text-align: center;"><u>Lunch</u> BBQ Chicken Whole Wheat Bread Broccoli Tropical Fruit</p> <p style="text-align: center;"><u>Snack</u> Ants on a Log (Banana, Soynut Butter &amp; Raisins)</p>	<p style="text-align: center;"><b>11</b> <u>Breakfast</u> Cornbread Sliced Peaches</p> <p style="text-align: center;"><u>Lunch</u> Cheese Pizza on Whole Wheat Crust Green Salad Pears</p> <p style="text-align: center;"><u>Snack</u> Snack Mix Juice</p>
<p style="text-align: center;"><b>14</b> <u>Breakfast</u> Cheerios Pear Halves</p> <p style="text-align: center;"><u>Lunch</u> Soynut Butter &amp; Jelly on Whole Wheat Bread Mixed Vegetables Fruit Cocktail</p> <p style="text-align: center;"><u>Snack</u> Whole Wheat Pita Bread Hummus</p>	<p style="text-align: center;"><b>15</b> <u>Breakfast</u> French Toast Peaches</p> <p style="text-align: center;"><u>Lunch</u> Soft Chicken Taco w/ Lettuce &amp; Cheese Pineapple Chunks Corn</p> <p style="text-align: center;"><u>Snack</u> Apple Slices Pretzels</p>	<p style="text-align: center;"><b>16</b> <u>Breakfast</u> Blueberry Muffin Fresh Banana Slices</p> <p style="text-align: center;"><u>Lunch</u> Cheeseburger Macaroni Carrots Applesauce</p> <p style="text-align: center;"><u>Snack</u> Grapes and wheat crackers</p>	<p style="text-align: center;"><b>17</b> <u>Breakfast</u> Scrambled Eggs Whole Wheat Toast Apricots</p> <p style="text-align: center;"><u>Lunch</u> Chicken Nuggets Green Beans Nectarine Whole wheat roll</p> <p style="text-align: center;"><u>Snack</u> Vanilla Wafer Vanilla pudding</p>	<p style="text-align: center;"><b>18</b> <u>Breakfast</u> Mini-Bagels Cantaloupe</p> <p style="text-align: center;"><u>Lunch</u> Shells w/ Beef &amp; Sauce Whole Wheat Roll Steamed Broccoli Pears</p> <p style="text-align: center;"><u>Snack</u> Ritz Crackers Cheese Cubes</p>





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<p><b><u>21</u></b> <b><u>Breakfast</u></b> Corn Chex Pineapple Tidbits</p> <p><b><u>Lunch</u></b> Chicken w/ Pasta Peas and carrots Applesauce</p> <p><b><u>Snack</u></b> Soynut Butter Dip Apple Slices</p>	<p><b><u>22</u></b> <b><u>Breakfast</u></b> Whole Wheat Toast Banana</p> <p><b><u>Lunch</u></b> Meatball Sub on a Whole Wheat Roll Carrots Fruit Cocktail</p> <p><b><u>Snack</u></b> Goldfish Crackers Grape Halves</p>	<p><b><u>23</u></b> <b><u>Breakfast</u></b> Apple Cinnamon Muffin Diced Pears</p> <p><b><u>Lunch</u></b> Turkey &amp; Gravy w/ Mashed Potatoes Whole Wheat Roll Pineapple Tidbits</p> <p><b><u>Snack</u></b> Vanilla Yogurt Graham Crackers</p>	<p><b><u>24</u></b> <b><u>Breakfast</u></b> Multi-Grain Pancakes Mandarin Oranges</p> <p><b><u>Lunch</u></b> Cheese Pizza on Whole Wheat Crust Green Salad Diced Peaches</p> <p><b><u>Snack</u></b> Ritz cracker String cheese</p>	<p><b><u>25</u></b> <b><u>Breakfast</u></b> English Muffin Apple</p> <p><b><u>Lunch</u></b> Ham &amp; Scalloped Potatoes Whole Wheat Roll Tropical Fruit</p> <p><b><u>Snack</u></b> Cheddar Cheese Wheat Crackers</p>
<p><b><u>28</u></b> <b><u>Breakfast</u></b> Corn Flakes Tangerine</p> <p><b><u>Lunch</u></b> Chicken with Mixed veggies and Rice Diced Peaches Whole wheat roll</p> <p><b><u>Snack</u></b> Soft Pretzel Cheddar Cheese</p>	<p><b><u>29</u></b> <b><u>Breakfast</u></b> Waffle Fruit Cocktail</p> <p><b><u>Lunch</u></b> Ravioli &amp; Meat Sauce Whole Wheat Roll Carrots Diced Pears</p> <p><b><u>Snack</u></b> Vanilla Wafers Honeydew</p>	<p><b><u>30</u></b> <b><u>Breakfast</u></b> Hot Biscuit Apricot Halves</p> <p><b><u>Lunch</u></b> Baked Beans w/Hot Dogs Whole Wheat Rolls Cantaloupe Cubes</p> <p><b><u>Snack</u></b> Wheat Crackers Apple Slices</p>	<p><b><u>31</u></b> <b><u>Breakfast</u></b> Bagel Peaches</p> <p><b><u>Lunch</u></b> Pasta &amp; Meat Sauce Green Salad Strawberries</p> <p><b><u>Snack</u></b> Whole Wheat Pita Bread w/ Soynut Butter</p>	



**Care a lot**  
CHILD CARE  
*"Caring is at the heart of what we do!"*

**Notes:**

- This menu is peanut free
- Whole milk is served to 2 years & under
- 1% milk is served to 2 years & up
- Water is offered with snack
- *This menu is subject to change*

*In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, disability, and reprisal or retaliation for prior civil rights activity.*